

“IT’S CONTACT WITH THE OUTSIDE”

When asked what she enjoyed most about turning 100-years-old, Hertha Webb Glenn (pictured above) says “... the fun of seeing myself on television. I’m not a television star. And right now I’m enjoying being a celebrity.”

Her big moment in the spotlight came when an Austin TV station broadcast footage of a birthday party family and friends threw for her in January when she hit the century mark.

After the story aired, Ms. Glenn, who was an educator for nearly 60 years, heard from many of her former students who told her of the positive impact she had on their young lives. “It made me feel good. I had done something for someone that’s caused them to remember me and I’m vain enough to be proud to be remembered,” she says with a chuckle.

Her teaching days now behind her, Ms. Glenn lives alone in the North-east Austin house she and her late

husband bought nearly 50 years ago. She relies on our nutritious meals, hand-delivered by dedicated volunteers, to help her live independently. “It is difficult to cook for myself. I can be sure that I have a well-balanced meal with Meals on Wheels. Without Meals on Wheels, I don’t think I would be as healthy,” she explains. But she also enjoys visiting with the volunteers who deliver her lunch - “I look forward to seeing the people along with getting the meals. I enjoy that. It’s contact

with the outside. I don’t know many of my neighbors anymore.”

“Meals on Wheels Central Texas is a great contribution to my joy of everyday life. I think it has helped more senior citizens than any other free organization there is,” Ms. Glenn says before adding “I think God provides when you depend on Him and try to do as He as ordered. And I think He provided Meals on Wheels for me.”

Watch a short video
about Ms. Glenn at
bit.ly/2SOKpIZ



Hertha Webb Glenn

"THESE ARE MY PEOPLE"

"I look forward to it every week," says volunteer Stuart Shapiro of his Wednesday Meals on Wheels route.

But long before Stuart ever delivered his first lunch, he was an MOWCTX donor. "My family has been very fortunate. We live in this community and we want to make it a better place and we do that by sharing some of our abundance," he explains.

Stuart, who works in commercial real estate, decided to also donate his time to our cause a couple of years ago when he went into business for himself and his schedule became more flexible. Now his meal route is a weekly Wednesday tradition. Occasionally, he even takes his 7-year-old daughter Molly with him on his deliveries. "I'm trying to teach her it's important to give back to our community," he explains.

Giving back has also resulted in Stuart making friends with the people on his route. "I've learned about their lives and they've learned about mine," he says before adding "these are my people."

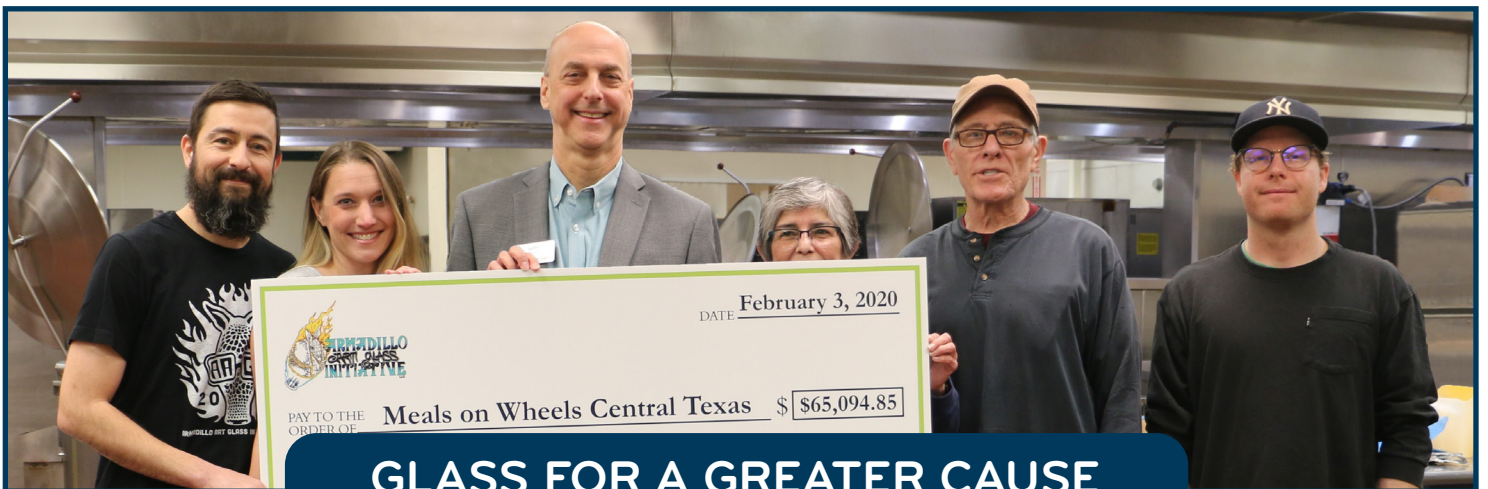
One of those people is 84-year-old Bernadine Washington, who lives alone and looks forward to Stuart's visits every Wednesday. All of her relatives live out of state and she relishes her time spent with him. "He's always cheerful and he cheers me up. He's the light of my day," says Ms. Washington.

And Stuart feels the same way about seeing Ms. Washington and the other homebound older adults on his route. "It's one of the highlights of my week. I love it," he says.



PICTURED RIGHT: Meals on Wheels volunteer Stuart Shapiro delivers hot meals and warm smiles to 84-year-old Bernadine Washington every Wednesday.

Become a monthly donor like Stuart and help give back to a community of seniors who need your support! Your monthly donation provides hot lunch meals and life-sustaining services. Sign up at bit.ly/MOWCTX-Donate



GLASS FOR A GREATER CAUSE

PICTURED: MOWCTX President/CEO Adam Hauser (third from left) and members of the Armadillo Art Glass Initiative (AAGI) in our Central Kitchen. AAGI's most recent Main Event raised more than \$65,000 for our agency. Since 2013, AAGI, an organization of glass artists, has raised more than \$355,000 for MOWCTX.